



SCHOOL NEWS

Our Motto:

Believe & Achieve

Our Mission Statement:

Through Jesus we love, learn and grow

Prayer

Our Christian Value this half-term is Trust and this is reflected in this week's prayer.

Hold my hand, Lord
Show me the way.
Help me be grateful every day.
Show me the difference between right and wrong
Keep me safe, Lord, all day long.
Give me direction on what to do
Lead the way, Lord, I trust in you.
Amen

☆☆☆ SHINING STARS ☆☆☆

Nursery	Phoebe	Monty
Reception	Luna	
Year One	Elijah	Henry
Year Two	Cassie	
Year Three	Myla	Seth
Year Four	Penelope	Oliver
Year Five	Eliza	Sebastian
Year Six	Payton	Alex Ca

WINNING HOUSE THIS WEEK

RIBBLE

Please click to find out more
about our school

[Facebook](#)
[Twitter](#)

'I came to give life - life in all
its fullness.'

John 10:10



CERTIFICATES



Bronze certificates are awarded for gaining 50 house points.

BRONZE

Year 6	William P Sophia	Payton	William N	Lizzie
Year 3	Myla			
Year 2	Catriona	Isla		

Eco Council

Well done to our Eco Council who were voted for by their peers.



Congratulations to Theo and Alex Cr from Year 6, Saffron and Luciana from Year 5, Niko and Olivia from Year 4, George and Ben from Year 3, Henry and Charlotte from Year 2, Elijah from Year 1 and Aurora from Reception.

Well done to all the children who produced posters to apply. Miss Slater will collect all of these in and display them around school because there are some excellent ideas on them!



Little Explorers

Little Explorers have been reading the story of 'Stick Man' this week.

They had lots of fun exploring Forest School to find sticks and leaves to make their own stick men and afterwards enjoyed having a hot chocolate back in the classroom to warm up!



Wear a Scarf Day

On the 7th February we are inviting children to wear a scarf to school to show our support for children's mental health and well-being during Mental Health Week.

Children will still need to wear their school uniform, just with an added scarf.

They will complete age appropriate activities that afternoon with the theme 'Know yourself- grow yourself'.



Let's Go Sing

In preparation for the exciting 'Let's Go Sing' Concert in March, Year 3 enjoyed a wonderful singing workshop with Rose from their team!

The children sang and performed with much enjoyment and enthusiasm!

Well done to everyone in Year 3 and a big thank you to Rose too!



PTFA Show-Trial and Error

Tickets for Saturday 1st February have now sold out!

Please remember to return your ticket requests along with payment as soon as possible, to avoid disappointment.

Raffle Prizes-PTFA Shows

We would be most grateful for donations of either £1 or any gifts (eg wine, chocolates, smellies) towards the raffle prizes at this year's show.

Thank you.



LIVE

PARENT/CARER WEBINAR

'KNOW YOURSELF, GROW YOURSELF'

Children's Mental Health Week is in February and this years theme is 'Know Yourself, Grow Yourself.'

Join our webinar designed to empower parents and carers! Discover tools to help children and young people build self-awareness, strengthen emotional resilience, and foster meaningful conversations about mental health and wellbeing.

When: **Thursday 13th February, 6pm - 7pm**

Join Our Webinar!

Our webinar is open to all young people and parents/carers of students who attend our allocated schools and colleges.

Register now using the link below or simply scan the QR Code to secure your spot!

<https://forms.office.com/e/NzqAqbP3bk>

To attend please sign up before 5.00pm Wednesday 12th February.

COMPASSBLOOM@COMPASS-UK.ORG 01772 280123

@COMPASSBLOOM

UNIT 8 BALFOUR COURT, OFF HOUGH LANE, LEYLAND, LANCASHIRE, PR25 2TF

Compass BLOOM

CENTRAL & WEST LANCASHIRE MENTAL HEALTH SUPPORT TEAMS

HELLO. WE'RE NEW HERE!

We support young people who struggle with:

- MILD TO MODERATE ANXIETY
- LOW MOOD: SADNESS. LOW MOTIVATION
- DIFFICULTY MANAGING EMOTIONS
- DIFFICULTY ADJUSTING TO CHANGE AND TRANSITION

MENTAL health MATTERS

COMPASS BLOOM IS NOW IN YOUR SCHOOL

WHO WE ARE

Compass Bloom are a Mental Health Support Team. We are an early intervention and prevention service. We support children with mild to moderate anxiety and low mood.

WHAT WE DO

- Assemblies about emotional wellbeing
- Small group emotional wellbeing workshops
- Parent/Carer advice and guidance bookable via this link [CLICK HERE](#) or visit: bit.ly/Parent_Carer_Consultation

COMING SOON

- 6 - 8 week 1:1 interventions for anxiety and low mood
- Referrals are taken via the Senior Mental Health Lead in your school

MORE INFORMATION

We will gradually be introducing our full offer over the next few months. For more information about our service, visit our website and follow us on social media.

compassbloom@compass-uk.org

01772 280123

FOLLOW US ON OUR SOCIALS! [f](#) [x](#) [in](#) @compassbloom

Scan me

Upcoming Dates

Monday 27th January	9.30-11.30am	YR Balance Bikes
Tuesday 28th January	9.05am	Open the Book
Tuesday 28th January	9.30-11.30am	YR Balance Bikes
Wednesday 29th January	9.00-10.30am	Y3 Worship at St Mary's Church
Friday 31st January	7.30pm	PTFA Show
Saturday 1st February	7.30pm	PTFA Show
Monday 3rd February	All Day	Viking Day Y5
Monday 3rd February	9.00-10.15am	Nursery Library Visit
Wednesday 5th February	1.45-2.45pm	Vision Screening YR
Thursday 6th February	All Day	Mini First Aid Y1,Y3,Y5
Thursday 6th February	4.00-6.00pm	Invasion Games Festival (Holy Cross)
Friday 7th February	All Day	Wear a Scarf Day
Tuesday 11th February	9.00am	Y2 Class Worship
Friday 14th February	9.30-11.30am	YR Balance Bikes

**School Closes on Friday 14th February at 3.20pm for Half Term.
We re-open at 8.45am on Monday 24th February.**

Sports and Social Clubs

Monday	Guitar Lessons KS2	Lunchtime
Tuesday	Tri-Golf	3.20-4.20pm
Tuesday	Choir	3.20-4.15pm
Wednesday	Spanish Club-All Years	8.00-8.45am
Wednesday	Dance Rehearsals	3.20-4.15pm
Thursday	Girls Football	3.20-4.20pm
Friday	Brass Club	3.20-4.15pm

Lunchtime Welfare Vacancy

We currently have a vacancy for a lunchtime welfare assistant. If you would like to be part of our friendly team, please phone or call into the school office for more information. Thank you.



fun activities

Jellybeans

Jellybeans sessions for under 4s

songs

10am to 11am

Stories

in the school hall at
Eccleston St. Mary's CE Primary School

Every Thursday

Children must be
accompanied by an adult

£2
per family

Refreshments
will be
served

Please share this information
with other families in the village.

What Parents & Educators Need to Know about JUSTALK KIDS

WHAT ARE THE RISKS?

JustTalk Kids is a child's version of the JustTalk app – a highly popular social networking platform – designed for users up to 13 years of age, allowing them to video call, message and participate in group chats. While adults can link their own JustTalk account to their child's and make use of parental controls, it's important to understand the risks associated with the app.

SUBSCRIPTION FOR PREMIUM ACCESS

While JustTalk Kids is free, there's the option to subscribe to a kids' premium account or a premium family account. At a cost, this feature allows children to have access to more fun features such as games they can play with others in a call; exclusive stickers; a badge denoting them as a premium subscriber; and exclusive ringtones and themes.

POTENTIAL DATA LEAKS

JustTalk and JustTalk Kids claim to be secure and encrypted, going so far as to state that even the developers themselves won't access your data. However, a security lapse in 2022 highlighted that messages were not in fact encrypted – leading to concerns around the security of the app and the transparency of the development team.

RESISTANCE TO CONTROLS

JustTalk Kids endeavours to allow children the sense of having a chat-based app while allowing parents to set controls (within the app or from their own adult JustTalk account). The basis behind this is positive; however, some children are challenging their parents by refusing to use JustTalk Kids, preferring to use the adult version without any restrictions in place.

CYBERBULLYING

Online chats can provide a sense of anonymity, leading some users to post things which they wouldn't normally say in person. Combined with the option of group chats, there's a risk that young people might join in with this kind of behaviour, escalating it further and potentially turning what should be a fun experience into something deeply negative.

KNOWING THE PARENT PASSCODE

After downloading JustTalk Kids, parents can set a passcode which users must enter to add contacts. The parental controls help to manage which content can be viewed and who children can add as a contact: this then allows children to chat with friends in a controlled environment. However, prospective contacts don't have to know a specific username. In theory, someone could type in a random name and then add them as a friend.

TOO MUCH SCREENTIME

A report by the UK Parliament Education Committee highlighted a 52% increase in children's screen time between 2020 and 2022 – as well as finding that 25% of children used their smartphones in a manner consistent with screen addiction. Introducing children to social networking apps when they're too young can lead to bad digital habits and a reliance on technology from an early age.

Advice for Parents & Educators

JUSTIFY THE CONTROLS

If parents allow their child to use JustTalk Kids, they should explain that they're putting parental controls in place to make the app safer. Make sure the child knows not to put their full name on the account and doesn't use a photo of themselves as their profile picture. This type of open discussion will help to ensure that a child is aware of the app's potential risks and knows how to reduce them.

DOS AND DON'TS OF SHARING

Some children might not understand the potential dangers of oversharing online. Set clear guidelines around what is and isn't safe to share on the internet, and discuss the concept of a digital footprint. Children need to understand that the things they say and share online can never be completely erased. Even if they delete it themselves, it can be saved and distributed by others.

TALK ABOUT ONLINE FRIENDSHIPS

Young children could be excited to use this app. However, highlight that they must do so in a positive, respectful and responsible manner. While it can be easy to get caught up in a group chat, it's important to talk to others politely and call out any unpleasant behaviour. Discuss the importance of limiting their contacts to people they know in real life and use parental controls to enforce this.

ENCOURAGE OPEN COMMUNICATION

Apps like JustTalk can sometimes lend themselves to bullying behaviours. Parents should monitor what their child is sending and receiving, check in with them regularly and encourage them to share their feelings (both positive and negative) at home. Remind them that they can block a contact if someone is treating them disrespectfully.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



The National College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/justtalk-kids>