



# SCHOOL NEWS

Our Motto:

Believe & Achieve

Our Mission Statement:

Through Jesus we love, learn and grow

## Prayer

Dear God,

Thank you for all the exciting opportunities this New Year will bring. Thank you for the chance to make changes and set goals.

Please help me to make realistic resolutions and remind me to keep trying, even if I might be struggling at times.

Thank you that you give me a fresh start every day. I know you are beside me to cheer me on.

In the same way, it's good to share resolutions and encourage each other. Thank you for this New Year. Amen.

## ☆☆☆ SHINING STARS ☆☆☆

Nursery	Ruby	Ronnie
Reception	Henry	
Year One	Alexander	
Year Two	Joseph	
Year Three	Fearne	Harrison
Year Four	Olivia	Zach
Year Five	Finlay	Saffron
Year Six	Harrison	Rohan

WINNING HOUSE LAST TERM

**YARROW**

Please click to find out more  
about our school

[Facebook](#)  
[Twitter](#)

'I came to give life - life in all  
its fullness.'

John 10:10

## Snow Time!

We finally got our share of snow at St Mary's. Here are some lovely pictures of our children enjoying their playtime in the snow.



## Ofsted

Thank you to all of you who completed the Parental Survey or spoke to the inspector during our Ofsted inspection earlier this week.

The final report is due in about six weeks, when we will look forward to sharing the inspector's findings with you.

## Mrs Scard

What can I say? The irreplaceable Mrs Scard has finally retired! We held a Farewell Assembly for her on the last day of term and it was lovely that so many of you turned up to wish her well.

Mrs Scard has been a much-loved member of staff at St Mary's for over 19 years and will be sorely missed. However, it really is time for her to sail off into the sunset (literally— she's currently on a cruise!) so we wish her the very best of everything as she starts the next chapter of her life. Many new adventures lie ahead and we know Mrs Scard will embrace each and everyone of them in her own inimitable fashion! Goodbye and Good Luck, Mrs Scard!



## Donation Total

Thank you so much to everyone who gave so generously at both of our Christmas performances, and choir community carol concert.

You have all helped to raise a phenomenal **£950.00!** Thank you also, to the **Post Office, Eccleston**, for their very kind donation to top up this amount. This year we are splitting the total between two worthy charities close to our hearts, **The Royal Manchester Children's Hospital** and **Derian House Children's Hospice**. Thank you again!



## GIFT Group

A huge thank you from GIFT Group for the generous donations for LV Storehouse.

It was the children's idea to donate to this worthy cause so they are really grateful for all your support.

All the donations were delivered in time for Christmas!



## School Census Meal

Our next school census meal is on Thursday 16th January. The money our school receives from the government to pay for the infant school meals is based on an average of the number of meals taken on census days.

It would really help us if your child was to have a school lunch on this day.

To encourage children to join us for lunch, our school kitchen staff are preparing a special menu with lunchtime favourites. See the 'Build a Burger' Menu below for more information.

**LIVE**

### PARENT/CARER WEBINAR

'KNOW YOURSELF, GROW YOURSELF'



Children's Mental Health Week is in February and this years theme is 'Know Yourself, Grow Yourself.'



Join our webinar designed to empower parents and carers! Discover tools to help children and young people build self-awareness, strengthen emotional resilience, and foster meaningful conversations about mental health and wellbeing.

**When:**  
FEB  **Thursday 13th February, 6pm -7pm**

Join Our Webinar!  
Our webinar is open to all young people and parents/carers of students who attend our allocated schools and colleges.

Register now using the link below or simply scan the QR Code to secure your spot!

<https://forms.office.com/e/NzqAgbP3bk>

To attend please sign up before 5.00pm Wednesday 12th February.

SCAN ME 

COMPASSBLOOM@COMPASS-UK.ORG 01772 280123  
@COMPASSBLOOM  
UNIT 8 BALFOUR COURT, OFF HOUGH LANE, LEYLAND, LANCASHIRE, PR25 2TF

# BUILD A BURGER



- Booths British Beef or Vegetarian Burger in a Bun with ~
- Choice of additional Toppings  
Onion Ring or Cheddar Cheese ~
- Choice of Sauce  
Burger Sauce or Tomato Ketchup ~
- Served with  
Tortilla Chips & Rainbow Slaw or Loaded Cheese & Vegetable Potato Boats with Baked Beans & Mixed Salad ~
- Marble Cookie or Orange Jelly

Lancashire County Council LANCASHIRE CATERING SERVICE

# Compass Bloom

We are delighted to let you know that we have recently entered into partnership with Compass Bloom—please see the flyer below for more information.

The flyer is a colorful graphic with a yellow top section, a white middle section, and a green bottom section. It features the 'Compass Bloom' logo, a 'HELLO, WE'RE NEW HERE!' speech bubble, and a 'MENTAL health MATTERS' sticker. It lists four types of mental health issues supported: mild to moderate anxiety, low mood, difficulty managing emotions, and difficulty adjusting to change. It also includes contact information, social media links, and a QR code.

## Compass BLOOM

CENTRAL & WEST LANCASHIRE MENTAL HEALTH SUPPORT TEAMS

HELLO, WE'RE NEW HERE!

MENTAL health MATTERS

We support young people who struggle with:

- MILD TO MODERATE ANXIETY
- LOW MOOD: SADNESS. LOW MOTIVATION
- DIFFICULTY MANAGING EMOTIONS
- DIFFICULTY ADJUSTING TO CHANGE AND TRANSITION

### COMPASS BLOOM IS NOW IN YOUR SCHOOL

**WHO WE ARE**

Compass Bloom are a Mental Health Support Team. We are an early intervention and prevention service. We support children with mild to moderate anxiety and low mood.

**WHAT WE DO**

- Assemblies about emotional wellbeing
- Small group emotional wellbeing workshops
- Parent/Carer advice and guidance bookable via this link [CLICK HERE](https://bit.ly/Parent_Carer_Consultation) or visit: [bit.ly/Parent\\_Carer\\_Consultation](https://bit.ly/Parent_Carer_Consultation)

**COMING SOON**

- 6 - 8 week 1:1 interventions for anxiety and low mood
- Referrals are taken via the Senior Mental Health Lead in your school

**MORE INFORMATION**

We will gradually be introducing our full offer over the next few months. For more information about our service, visit our website and follow us on social media.

[compassbloom@compass-uk.org](mailto:compassbloom@compass-uk.org)

01772 280123

FOLLOW US ON OUR SOCIALS: @compassbloom

Scan me

## Derian House

Thank you to everyone who bought the Derian House Jolly Jingles this year.

Your kind donations have raised a fantastic £114.10 to support the Children's Hospice.



## PTFA Show

This year's show is **Trial and Error** and, as always, performances will sell out quickly.

Please remember to return your ticket requests along with payment as soon as possible, to avoid disappointment.

### Raffle Prizes-PTFA Shows

We would be most grateful of donations of either £1 or any gifts towards the raffle prizes at this year's show.

Thank you.



## Admission to Primary School 2025 is now open.

If your child is in their last year of pre-school/nursery you can now apply for their primary school place at: [www.lancashire.gov.uk/schools](http://www.lancashire.gov.uk/schools).

It's quick and easy to do and you will receive email confirmation of your application.

The closing date for primary applications for September 2025 is 23.59pm on 15th January 2025.

## Upcoming Dates

Thursday 16th January	All Day	School Census Day
Friday 17th January	9.00-10.00am	SODA Y2
Friday 24th January	4.00-6.00pm	Y5/Y6 Basketball Competition (Southlands School)
Monday 27th January	9.30-11.30am	YR Balance Bikes
Tuesday 28th January	9.05am	Open the Book
Tuesday 28th January	9.30-11.30am	YR Balance Bikes
Wednesday 29th January	9.00-10.30am	Y3 Worship at St Mary's Church
Friday 31st January	4.00-6.00pm	Y5/Y6 Basketball Competition (Southlands School)
Friday 31st January	7.30pm	PTFA Show
Saturday 1st February	7.30pm	PTFA Show
Monday 3rd February	All Day	Viking Day Y5
Thursday 6th February	All Day	Mini First Aid Y1, Y3, Y5
Thursday 6th February	4.00-6.00pm	Invasion Games Festival Y3,Y4 (Holy Cross)
Friday 7th February	4.00-6.00pm	Basketball Competition Y5,Y6 (Southlands)
Friday 7th February	7.30pm	PTFA Show
Saturday 8th February	7.30pm	PTFA Show

**NB The Y4 Class Worship, scheduled for Tuesday 21st January has been postponed and will be rescheduled later in the year.**

## Letters Home

Whole School—Ofsted Letter, Guide and Survey

## Sports and Social Clubs

Monday	Guitar Lessons KS2	Lunchtime
Tuesday	Choir	3.20-4.15pm
Wednesday	Spanish Club-All Years	8.00-8.45am
Friday	Brass Club	3.20-4.15pm

# 10 Top Tips for Parents and Educators

## TEACHING CYCLE SAFETY

Cycling is an amazing way to spend quality time together as a family, as well as keeping everyone healthy and active – and it's an excellent exercise, whatever the age of your children. Getting started can sometimes be daunting, and there are obvious safety concerns over youngsters who are still getting used to a bike – so follow our top tips to help you ride with confidence.

### 1 CONSIDER CYCLE TRAINING

Courses like Bikeability are extremely useful, and training in general has come a long way since cycling proficiency began; there are Bikeability courses for adults, too. Cycle training teaches invaluable skills (such as good road positioning, signaling and visibility), and can help both parents and children feel more at ease on busy streets.

### 2 USE A SUITABLE BIKE

Find a bike of an appropriate size for its rider and resist the temptation to have children 'grow into' theirs by buying one too large for them. A bigger bike will be heavier and more difficult to control, making accidents more likely and potentially putting youngsters off cycling forever. If your child has any specific physical needs, or has dyspraxia, then try out a trike, handcycle or other adaptive cycle to see what works best.

### 3 TRY A CARGO BIKE

Cargo bikes, particularly the box-bike style, are ideal for transporting small children around. Depending on the type of bike chosen – as well as the size and age of the children – it can be possible to transport up to four little ones in this way, with additional space for other cargo as well.

### 4 INSPECT YOUR CYCLE

It's a good idea to do some routine checks on any bike before going for a ride to make sure everything's working correctly. The 'M check' is particularly useful: assessing the condition and position of the bike's wheels, handlebars, brakes, pedals, chain and saddle, working from front to back. Online tutorial videos can also teach you how to carry out basic repairs if needed. For more complicated fixes, head to your local bike shop.

### 5 BRING SUITABLE GEAR

Ensure whatever you're wearing, and any attachments for your bike, are suitable for the ride. A waterproof jacket will let you cycle safely in almost any weather. Make sure any helmets are fitted correctly. If you're riding after dark, remember to fit your bikes with a white front light, a red rear light and a red rear reflector. These are required by law.

### 6 STICK TO FLAT TERRAIN

Take a smooth, flat route if possible, so it's more suitable for younger cyclists. You might be surprised by how many quiet roads or back streets there may be in your area. Don't be put off by an indirect but easier path as opposed to a shorter, busier one. Look out for the National Cycle Network, canal towpaths and even parks that you can cut through.

### 7 STAY ALERT AND IN SAFE FORMATIONS

For maximum protection and visibility, ride in a line with children in the middle and adults at either end. If you're the only adult present, take up a position at the rear to ensure all children remain in your sight. Don't be tempted to hug the kerb if cycling on the road – riding approximately a metre out will make you more noticeable to other road users, and you'll also stay clear of any debris in the gutter.

### 8 AVOID PARKED CARS

When riding past parked cars, try to stay at least a metre away, just in case anyone inside opens a door unexpectedly or the vehicle itself starts to move. This precaution will also deter anyone driving behind from trying to squeeze past you when there isn't enough space, so don't be afraid to ride in a prominent position.

### 9 START A 'BIKE BUS'

Cycling to school with other families is a potentially fun experience – one which comes with the added benefit of safety in numbers, in case anything goes wrong along the way. Team up with other parents, carers and educators and pick a day to cycle to school together. Who knows – maybe, in time, you'll have other folks asking to join you?

### 10 HAVE FUN!

Keep in mind that cycling should be fun! A good bike ride can be really enjoyable for adults and children alike, while also being a superb form of exercise. Ease children into the hobby by starting them off with shorter journeys – such as a trip to the park – and build them up to longer, more complicated outings. Some children may get bored on a longer ride, so try to keep a conversation going with them.

## Meet Our Expert

Sophie Gordon is the campaigns manager at Cycling UK, a charity which inspires and enables people to start cycling. She has spent six years campaigning for safer roads and more protected cycle paths, while supporting communities to call for better cycling conditions where they live.

we are  
cycling  
UK

#WakeUp  
Wednesday

The  
National  
College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/teaching-cycle-safety>

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