



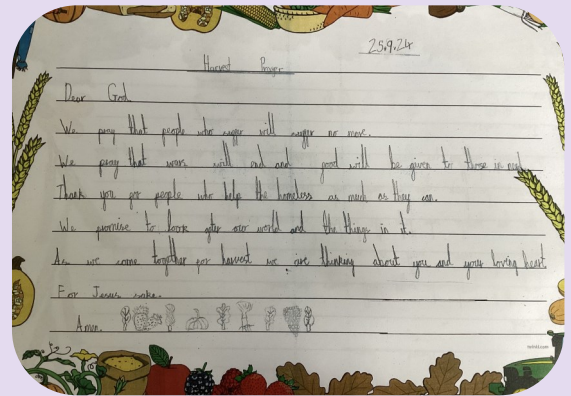
# SCHOOL NEWS

**Our Motto:**  
Believe & Achieve

**Our Mission Statement:**  
Through Jesus we love, learn and grow

## A Prayer for Harvest by Poppy Year3

Dear God  
We pray that people who suffer will suffer no more.  
We pray that wars will end and good will be given to those in need.  
Thank you for people who help the homeless as much as they can.  
We promise to look after our world and the things in it.  
As we come together for harvest we are thinking about you and your loving heart.  
For Jesus sake. Amen



## ☆☆☆ SHINING STARS ☆☆☆

Nursery	Florence	
Reception	Henry	Jaxson
Year One	Anna	Stanley
Year Two	Elodie	
Year Three	Teddy D	Poppy
Year Four	Teddy	Thea
Year Five	Sofia	Finlay
Year Six	Nyla	Holly

WINNING HOUSE THIS WEEK

**YARROW**

Please click to find out more  
about our school

[Facebook](#)

[Twitter](#)

'I came to give life - life in  
all its fullness.'

John 10:10

## Year 1

Year 1 have been learning all about the 5 senses. This week, they have been investigating taste and smell by making predictions about different foods and objects, then testing out their smell and taste. They had lots of interesting ideas and loved all the different foods, even the sour lemons!



## School Council Elections

We saw democracy in action on Tuesday as all the children visited the St. Mary's Polling Station to vote in our elections for the School Council. Thank you to all the children who prepared manifestos and put themselves forward as candidates. We're so proud of all of you!

### Congratulations to those who were elected:

**Year 1** April and Levi

**Year 2** Cassie and Leo

**Year 3** Isla-Jai and Hugh

**Year 4** Imogen and Lola

**Year 5** Annabelle and Jacob

**Year 6** Tallulah, Nyla, Freddie and Ted



## Phonics and Early Reading Meeting for Parents

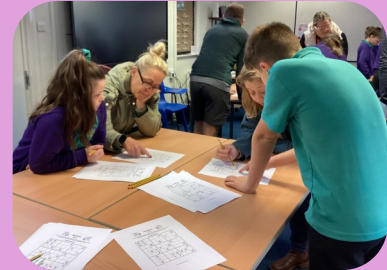
**Moonstewr**  
**Phonics**

We have just started a new Phonics programme for children in Nursery, Reception, Y1 and Y2 and we would love to tell you more about it.

Please come along on **Monday 30<sup>th</sup> September at 6 pm** to hear how the programme works and how you can support your child at home.

## SODA Year 6

Thank you to the Y6 parents who joined us for our first-ever SODA (Start Of the Day Activity) today. They enjoyed working through the various maths challenges with the children - quite a bit of head scratching at times but we saw lots of determination and resilience from both parents and children to solve some challenging puzzles and problems!



## Open the Book

On Tuesday, we welcomed our friends from Open the Book, who led Worship for the whole school. Some Year 4 volunteers also helped to tell the Jacob and Esau story, and we were invited to reflect on the importance of forgiveness.



## School Photographer

The school photographer will be in on Tuesday 22nd October to take individual and family photos. Pupils with siblings not in school are welcome to come in from 8.30am to have their family photographs taken.



## Parents Evening

Parents' Evening is on Monday 21st October 2-7pm.

**Further information on when and how to book appointments to follow.**



## Upcoming Dates

Monday 30th September	6.00pm	Phonics Meeting for Parents
Thursday 3rd October	4.00pm	Y6 Boys Football —Holy Cross
Friday 4th October	9.00am	Start of the Day Activity—Y5 (Please Join Us)
Tuesday 8th October	3.30pm	PTFA AGM (Please Join Us)
Wednesday 9th October	8.30am	Y5&Y6 Trip to Westholme School
Thursday 10th October	4.30—6 pm	School Open Evening
Friday 11th October	9.00am	Start of the Day Activity—Y4 (Please Join Us)
Monday 14th October	All day	Y3 Trip to Bring yer Wellies
Friday 18th October	9.00am	Start of the Day Activity—Y3 (Please Join Us)
Monday 21st October	2pm-7pm	Parents' Evening
Tuesday 22nd October	All Day	School Photographs
Wednesday 23rd October	1.00pm	Fire Safety Talks Y2
Thursday 24th October	2.00pm	Celebration Assembly (Please join us)

**School closes for pupils for half-term on Thursday 24th October  
(Staff INSET day—Friday 25th October)**

## Letters Home

Y6—Robinwood Information and Letter

YR, Y1 and Y2—Phonics Meeting (email)

## Sports and Social Clubs

Monday	Guitar Lessons KS2	Lunchtime
Tuesday	Futsal After School Club	3.20-4.20pm
Tuesday	Choir	3.20-4.15pm
Wednesday	Spanish Club-All Years	8.00-8.45am
Wednesday	Judo Club-KS2	8.00-8.45am
Thursday	Girls Football After School Club	3.20-4.20pm
Friday	Brass Club	3.20-4.15pm

# Comedy Bingo

Presented By Comedian Brendan Riley



Friday 18th October  
**Eccleston St Marys**  
 Primary School

Doors 7pm Show 7.30pm Tickets £14 Includes Snack Box  
 Ticket requests through school in an envelope  
 Please put child's name and class on, clearly marked 'Comedy Bingo'  
 Or Call: Lucy Allen 07919 027 672  
 Eccleston St Marys Primary School, The Green, Eccleston, PR7 5TE








# WANTED

## DIGITAL LEADERS

become  
a tech  
hero!

take part in  
e-safety  
assemblies

help solve  
tech issues  
in school.

**What is a Digital Leader?**

As a Digital Leader, you may be asked to help teachers and pupils with any problems they might have with iPads, chromebooks or laptops in the classroom. A great Digital Leader will also share ideas about using technology, from tips on apps you use in class to recommending new ideas.


Send your letter of application in to Mr Lyons explaining what would make you a good digital leader and why you would like the role by  
**FRIDAY 27th SEPTEMBER.**

### School Library

Did you know we have a new school library, stocked with a fantastic range of fun, interesting and appealing books? We would LOVE to get our new library up and running as soon as possible to enable the children to make the most of their new books.

### Can you help?

Do you have a spare couple of hours for one afternoon each week to help run the library? If you are interested, please speak to Mrs Rostron or ask at the school office. Thank you.



## Lunchtime Welfare Vacancy




We have a vacancy for a lunchtime welfare assistant.

If you or someone you know would like to be part of our friendly team, please phone or call into the school office for more information.

## Spanish Club

There will be no Spanish club on Wednesday 23rd October. This lesson has been rescheduled and will now take place on the 18th December.





# St Mary's School Open Days



You are warmly invited to visit our school on the following days:-

**Thursday 10th October** 4.30pm to 6.00pm

**Friday 8th November** 9.30am to 11.00am

**Tuesday 3rd December** 1.30pm to 3.00pm

The evening session (10th October) will be an opportunity to see the school environment and talk with staff and governors.

In addition, during the following two sessions (8th November and 3rd December) you will be able to visit each of our classrooms whilst lessons are in progress and speak, not only to staff, but to the pupils too.

Staff and governors will be on hand to guide you around and answer any queries you may have. Mrs Birchall, our headteacher, will also be available to speak to you should you have anything you wish to discuss.

**We believe our school is a very special place where children are happy in their learning and have a full range of activities to enjoy.**

**SCHOOL ADMISSIONS PRIMARY**



**APPLY NOW!**  
at [lancashire.gov.uk/schools](http://lancashire.gov.uk/schools)

**School and Academy places September 2025**

You must apply if your child has a 4th birthday between 1 September 2024 and 31 August 2025.

You must apply even if an older brother or sister is already at the school, or the school is linked to your child's nursery.

If you're a non-Lancashire resident apply through your own local authority.

Please read the admission criteria for your chosen schools on the website or get a copy from them.

**CLOSING DATE**  
**15 JANUARY 2025**

[lancashire.gov.uk](http://lancashire.gov.uk) >>>>

**Lancashire**  
County Council

**School transport** 

Need transport to school? Please don't forget to check your eligibility for free transport. Search 'school transport' at [lancashire.gov.uk](http://lancashire.gov.uk) or scan the QR code.



**SCHOOL ADMISSIONS SECONDARY**



**APPLY NOW!**  
at [lancashire.gov.uk/schools](http://lancashire.gov.uk/schools)

**School and Academy places September 2025**

You must apply if your child is in their last year of primary school (year 6) from September 2024.

You must apply even if an older brother or sister is already at the school.

If you're a non-Lancashire resident apply through your own local authority.

Please read the admission criteria for your chosen schools on the website or get a copy from them.

**CLOSING DATE**  
**31 OCTOBER 2024**

[lancashire.gov.uk](http://lancashire.gov.uk) >>>>

**Lancashire**  
County Council

**School transport** 

Need transport to school? Please don't forget to check your eligibility for free transport. Search 'school transport' at [lancashire.gov.uk](http://lancashire.gov.uk) or scan the QR code.



fun activities

# Jellybeans

Jellybeans sessions for under 4s

songs

10am to 11am

Stories

in the school hall at  
Eccleston St. Mary's CE Primary School

Every Thursday

Children must be  
accompanied by an adult

£2  
per  
family

Refreshments  
will be  
served

Please share this information  
with other families in the village.

# What Parents & Educators Need to Know about INSTAGRAM

AGE RESTRICTION  
**13+**

follow

WHAT ARE THE RISKS?

Instagram is a highly popular social media platform with over 2 billion active monthly users. The app is continuously updating and adding new features to meet the wishes of its audience, allowing them to upload images and videos to their Instagram feed, create interactive 'stories', go live, exchange private messages or explore and follow other accounts that catch their eye.

## ADDICTION

Many social media platforms, Instagram included, are designed to keep us engaged on them for as long as possible. They encourage scrolling often and scrolling more in case we miss something important – in essence, a fear of missing out. On Instagram, young people can lose track of time when aimlessly scrolling and watching videos posted by friends, acquaintances, influencers and possibly strangers.

## UNREALISTIC IDEALS

Children sometimes compare themselves to what they see online: how they look, how they dress, and the way their life is going in comparison to others on social media. However, most people only share the positives about their lives online and many use filters when sharing pictures of themselves. A constant comparison with unrealistic ideals can lead to insecurity over one's own appearance and lifestyle.

## GOING LIVE

Livestreaming on Instagram allows users to connect with friends and followers in real time. Risks increase if the account is public, because that means anyone can watch the broadcast, which could result in further contact from strangers. Additional dangers of going live include an impulse to act inappropriately to draw more viewers, as well as being exposed to harmful content or offensive language.

## INFLUENCER CULTURE

Social media influencers are sometimes paid thousands of pounds to promote products, services, apps and more. When celebrities or influencers post such content, it often says 'paid partnership' above the post. In April 2024, Ofcom found that over a quarter of children (27%) believed in influencer marketing, accepting their endorsement of products wholeheartedly. So it's perfectly possible for young people to be taken in by this kind of content.

## PRODUCT TAGGING

Product tags allow users to tag a product or business in their post. This tag will take viewers directly to the product detail page on the shop where the item can be purchased. Children may also be encouraged by influencers to purchase products that they advertise.

## EXCLUSION & OSTRACISM

Youngsters are highly sensitive to feeling excluded, which comes in many forms: not receiving as many 'likes' as expected; not being tagged in a friend's photo; being unfriended; not receiving a comment on their post or a reply to a message they sent. Being excluded online hurts just as much as offline. Young people have reported lower moods and self-esteem when excluded in this way, feeling as if they don't belong and aren't valued.

## Advice for Parents & Educators

### AVOID GOING PUBLIC

If a young user wants to share their clothing style, make up or similar and use product tagging to show off the items in their post, they may be tempted to change their settings to public. This leaves their profile visible to everyone, which carries the risk of strangers getting in touch with them. Set a child's account to private and explain the importance of keeping it this way.

### HAVE AN OPEN DIALOGUE

Talk to children about the positives and negatives of social media, including the risks involved and how they can view or create content safely with family and friends. Explain how safety settings will ensure only followers can view them, and why this is so important. Also, if you find a child continuously uses filters on their photos, ask them why and impress on them that they don't need it.

### MANAGE LIKE COUNTS

Due to the potential impact on mental wellbeing, Instagram allows users to hide the total likes on their posts, to prevent people from obsessing over that number in the corner. Users can hide like counts on all the posts in their feed as well as on their own posts. This means others can't see how many likes a person gets. This can be done by going into Settings > Notifications > Posts > Likes > Off.

### USE MODERATORS

Instagram Live has implemented a mechanic called 'Moderators', meaning that creators can assign a moderator and give them the power to report comments, remove viewers and remove the ability for certain viewers to comment at all. Consider this if a child in your care wants to go live on the platform. It's also recommended to keep devices in communal spaces so you're aware if a child does go live or watch a livestream.

### FOLLOW INFLUENCERS

Following influencers will allow you to monitor what they're sharing as well as being able to discuss anything which you deem inappropriate. Talk to children about who they follow and help them to develop critical thinking skills about what the influencer is trying to do. For example, encourage the child to ask themselves if an influencer is trying to sell them a product when they make a video endorsing it.

### BALANCE YOUR TIME

Instagram has a built-in activity dashboard that lets you control how much time is spent on the app. Make sure children sign in to the platform with the correct age, as Instagram's 'Teen Accounts' afford much more control for parents and carers over how long they can use the app each day. Talk with young users about how much time they spend on Instagram and work together to set a healthy time limit.

## Meet Our Expert

Dr. Claire Sutherland is an online safety consultant at BCyberAware. She has developed and implemented anti-bullying and cyber safety workshops and policies for schools in Australia and the UK. Claire has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviours of young people in the UK, USA and Australia.



The National College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/instagram-2022>

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