



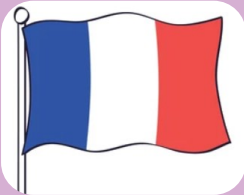
Eccleston St Mary's  
C of E Primary School

Newsletter 31 | 24th May 2024

# SCHOOL NEWS

Our Motto:  
Believe & Achieve

Our Mission Statement:  
Through Jesus we love, learn and grow



## ARTS WEEK Special Edition



Please see inside for all the fun we've been having this week!

'I can do all things through  
Christ who strengthens me.'

Phil 4:13

Please click to find out more  
about our school

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### Prayer

Father God,  
We pray for all in our school family as we take a break from the busy days we have had at school. Be with those who may find the different routine a little difficult to navigate and keep safe those who are travelling on days out or away on a longer holiday. We thank you for the busy times, and also for the times when we can relax.

Amen

# St Mary's Olympic / French Arts Week

## Monday

The week began with a torch relay around the playground, followed by the lighting of the Olympic Flame in the hall. We learnt lots about the history of the Olympics and each class then studied a different continent, whose countries compete in the Olympic Games.



# St Mary's Olympic / French Arts Week

## Tuesday

The Olympic spirit was well and truly in evidence when we took part in our very own Olympic Games—I wonder if the real thing has ever had to stop because of a swarm of bees?!



# St Mary's Olympic / French Arts Week

## Wednesday

After a virtual tour of Paris in Assembly, each class set about constructing their very own Arc de Triomphe, Eiffel Tower, Louvre, Notre Dame and Sacré Coeur. Materials to be used included waste for recycling, Lego, straws, lolly sticks and rolled up newspaper. You can see from the end results (below) just how creative and resourceful our pupils can be.



# St Mary's Olympic / French Arts Week

## Thursday

Thank you so much to everyone who came to our French Café. Thank you, also, for all your kind donations which came to £149.86. This will go towards funding some of the activities we've all enjoyed during Arts Week.



After the Café, everyone had the chance to bake a baguette, under Mrs Latham's watchful eye, and then to use pointillism to recreate Georges Seurat's painting of the Eiffel Tower.



# St Mary's Olympic / French Arts Week

Friday



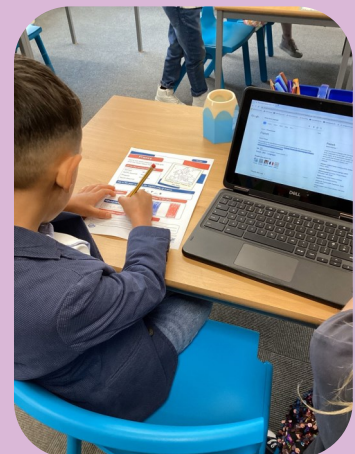
Today was the day when we all met in the hall to sing some French songs, the favourite definitely being 'Un éléphant qui se balançait' - a real ear-worm if ever there were one! Here's the link if you feel like singing along at home:

<https://www.youtube.com/watch?v=RwH8Ag1Qy7c>

We had also dressed in our most chic outfits so we could parade along the catwalk—thanks to Mrs Matthew and Mrs Crosby for taking time out to teach us all the moves!



And finally, we just had a little bit of time to do some further research about our chosen continent and France itself.



# What a fantastic week!

## Fantastic Book Awards

On Wednesday, FBA members from Year 6 had a fantastic time finding out the winners of this year's Fantastic Book Awards and listening to some inspiring stories about writing, illustrating, and publishing books.

We also had the opportunity to meet FBA winning authors Liz Flanagan, Hannah Moffatt, and Jenny McLachlan and get our books signed.



## School Uniform - Polite reminder

Children should wear sensible black shoes for school, not trainers.

Socks should be plain black or grey.

Also, ear-rings cause a safety issue in school and so should not be worn.

Our children always look so smart in their uniform—thank you so much for keeping to the guidelines.

**CHORLEY**  
SCHOOL SPORTS PARTNERSHIP



# LEARN TO RIDE

WEDNESDAY 29TH & THURSDAY 30TH MAY

 **CHORLEY ST PETER'S  
C.E. PRIMARY SCHOOL**  
Eaves Lane PR6 0DX



Ages  
4-12

£25 PER  
SESSION

**SESSION ONE** | **SESSION TWO**



**10:00AM**  
-  
**11:30AM**



**12:30PM**  
-  
**2:00PM**

ONLY ONE BOOKABLE SESSION REQUIRED

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[www.chorleyssp.co.uk](http://www.chorleyssp.co.uk)

## Upcoming Dates

Monday 3rd June

All Day

Inset Day

### School re-opens at 8.45am on Tuesday 4th June

Tuesday 4th June

9.45am

Book Bus Visit

Wednesday 5th June

3.20pm

Rounders Club (at school)

Thursday 6th June

9.30am

Debt Awareness Y6

Thursday 6th June

10.30am

Dental Survey for 5 year Olds

Thursday 6th June

4.30-9.00pm

New Intake Evening  
(Bishop Rawstone Academy)

Friday 7th June

8.00am

Fencing Club

Friday 7th June

9.45am

Sports Day KS2

Friday 7th June

2.00pm

Sports Day KS1

## Letters Home

YR/Y6—Height and Weight Checks Letter

Y4— Trip to DEVA Museum Letter

Y6—Robinwood Residential Information Letter

## Sports and Social Clubs

Monday

Guitar Lessons KS2

Lunchtimes

Tuesday

Summer Games Club EYFS & KS1

3.20-4.20pm

Wednesday

KS2 Choir

3.20-4.15 pm

Wednesday

Rounders Club

3.20-4.15pm

Thursday

Summer Games Club KS2

3.20-4.20pm

Friday

Fencing Club

8.00am

Friday

Brass Club

3.20-4.15pm



## 10 Top Tips for Parents and Educators

# ENCOURAGING HEALTHY FRIENDSHIPS

Navigating the complexities of childhood and adolescent friendships can be challenging – but with the right guidance, children and young people can cultivate meaningful, supportive relationships, some of which may last for many years. These top tips provide a comprehensive approach to fostering healthy friendships among children and young people. It's important to remember, however, that each child is different, and will require an individual approach to relationship support.

### 1 GRANT FRIENDSHIP OPPORTUNITIES

Encouraging children and young people to join extracurricular activities can foster healthy friendships by providing shared interests and common ground. Engaging in these pastimes offers a platform for interaction, sometimes alleviating the social pressure of knowing what to say, and helps children develop meaningful connections.

### 2 LEAD BY EXAMPLE

The children and young people in our lives see how we behave, the connections that we've made and the interactions between us and others. When we model healthy friendships, we set an example and help youngsters to understand what healthy friendships looks like and how to navigate them.

### 3 HELP THEM LOVE THEMSELVES

Healthy friendships aren't just about dynamics with other people. They're about our relationship with ourselves. For overall wellbeing, it's important for a child to have the space to build their self-esteem and a positive self-image, as these factors can have a notable influence on the friendships they form throughout life.

### 4 MONITOR SCREEN TIME

Too much screen time can affect some children's wellbeing in general, but it can specifically impact friendships if it results in fewer positive social interactions. In some cases, reducing screen time and encouraging children and young people to find ways to interact face-to-face can have positive results. It's also important to remember that young people can make positive friendships online, but they will require support to do this safely.

### 5 TEACH PROBLEM-SOLVING

Inevitably, friendships can run into problems. However, this is also an opportunity to support children and young people to work through any difficulties that may arise. It can be tempting to intervene and try to fix these issues for those involved, but helping them consider ways of resolving conflict or managing difficult situations for themselves can help them create stronger friendships.

### 6 EMPOWER THE CHILD

When we give children and young people the confidence to choose their friends, navigate interpersonal boundaries and consider how they want to interact with the different people around them, we empower them to take control of the friendships they have. When young people feel in control of these things, they're more likely to make positive choices and remain aware of the signs of a negative relationship.

### 7 TEACH EMPATHY

'Healthy friendships' doesn't always mean 'perfect'. Sometimes, disagreements can happen. When we teach children and young people to have empathy, we help them to see both sides of a relationship; to be mindful of the challenges a friend might be facing or whatever else might be going on. This can help children and young people to build stronger friendships.

### 8 BE OPEN TO QUESTIONS

Talking to young people about their friendships, who they spend time with and who they interact with can open the door to questions if they have concerns. Initially, these queries may be straightforward, but if we are receptive to discussion from the outset, young people are more likely to come to us for help when they are older as well.

### 9 UNDERSTAND BOUNDARIES

One of the keys to a healthy friendship is honouring boundaries. This can include anything from respecting personal space and belongings to acceptable language and behaviour. Understanding the importance of setting these limits and upholding those set by others can help children stay safe. If young people figure out their boundaries and feel comfortable enforcing them, they're more likely to call someone out if they go too far.

### 10 SPOT THE SIGNS

We can't always supervise young people; sometimes, we need to step back and give them some space. However, it's important to consider any indicators that they may be struggling in their friendships. Are they becoming increasingly irritable? Does their behaviour alter when they've been with their friends? Are they becoming withdrawn or reluctant to take part in certain activities? These could all be signs that they're finding things difficult, and we should remain alert to such changes.

## Meet Our Expert

Becky Dawson is an experienced educator who has worked in primary and secondary schools for 20 years. She is a facilitator, consultant and coach working with young people and the adults who work with them, with a focus on developing understanding and skills around mental health, wellbeing and safeguarding.



#WakeUpWednesday

The National College