



SCHOOL NEWS

Our Motto:
Believe & Achieve

Our Mission Statement:
Through Jesus we love, learn and grow

Prayer - On Monday we marked Martin Luther King Day in Worship. This prayer contains words written by MLK himself.

God, we thank you for the inspiration of Jesus.

Grant that we will love you with all our hearts, souls, and minds, and love our neighbours as we love ourselves, even our enemy neighbours.

God, give us strength to keep walking for freedom and the strength to remain non-violent.

Today we pray that we have the courage to stand up for what is right, even when others make it difficult for us.

Amen

☆☆☆ SHINING STARS ☆☆☆

Nursery	Abigail	
Reception	Alexander	Stanley
Year One	Sophia	
Year Two	Jack	Pippa
Year Three	Pippa	Oliver
Year Four	Lucianna	Holly
Year Five	Elouise	Lizzie
Year Six	William	Joseph

WINNING HOUSE THIS WEEK

YARROW

**Please click to find out
more about our school**

[Facebook](#)

**'I can do all things
through Christ who
strengthens me.'**

Phil 4:13



CERTIFICATES



Bronze certificates are awarded for gaining 50 house points.

BRONZE

Year 4	Katie	Lucas			
Year 3	Olivia	Reuben	Violet		
Year 2	Max	Bobby	Lottie	Mia	Eleanor

Silver certificates are awarded for gaining 100 house points.

SILVER

Year 6	Piper				
Year 3	Henry	Imogen	Harry	Daniel	Thea
	Bhodi				
Year 2	Austin	Rory			

Nursery

On Tuesday, the Nursery children had lots of fun playing in the snow. We made snow angels and worked together to build some snowmen.



Year 3 Class Worship

We were so proud of Y3 this morning as they led us in Worship. Talking about courage, they reminded us of the Bible stories of Noah, Moses and Jonah and then talked of people in History who were examples of courage in action: Mary Seacole, Harriet Tubman and Eric Liddell. Thank you and well done, Y3.



Year 4

Year 4 have been writing stories linked to the water cycle and enjoyed reading them to the younger children in Reception and Nursery.



Royal British Legion Poppy Appeal 2023

A big thank you to everyone who bought merchandise and made donations to support the 2023 Poppy Appeal.

Your kind donations raised a fantastic **£388.00** for this worthy cause.



PTA Show

Show tickets are selling fast. Please remember to return your ticket requests along with payment as soon as possible to avoid disappointment. Thank you.



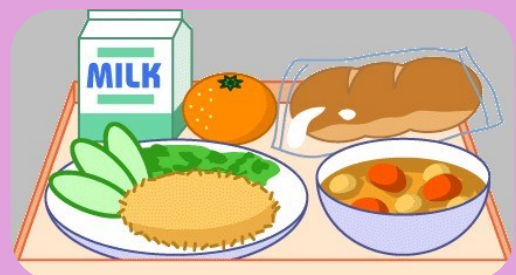
School Dinner Payments

Please remember to pay any school dinner arrears as soon as possible.

School dinner payments should ideally be made on a weekly basis.

It is possible to upload a credit amount onto school money to avoid having to remember to log on and pay each week. If you click on the amount in the green box you can change the amount you would like to pay.

Payments will automatically be deducted from this credit, making school dinner payments easier to manage.



Lunchtime Welfare Vacancy

We have a vacancy for a lunch time welfare assistant, starting in **September 2024**.

If you would like to join our friendly team, please phone or call into the school office for more information. Thank you



Upcoming Dates

Monday 22nd January	9.30am	Balance Bikes (Reception)
Tuesday 23rd January	9.30am	Balance Bikes (Reception)
Wednesday 24th January	9.00am	Nursery Library Visit
Friday 26th January	7.00pm	PTA Show
Saturday 27th January	7.00pm	PTA Show
Tuesday 30th January	9.10am	Ben Green Worship
Wednesday 31st January	10.15am	Nursery Visit to the Park
Friday 2nd February	7.00pm	PTA Show
Saturday 3rd February	7.00pm	PTA Show

Letters Home

Y5 & Y6—After School Netball Club Letter

Whole School—Half Term Holiday Club

Whole School—PTA Show Letter

Y3—Let's Go Sing Letter

Sports and Social Clubs

Monday	Guitar Lessons KS2	Lunchtimes
Tuesday	Tri-Golf KS2	3.20-4.20pm
Wednesday	Spanish Club Yrs1-6	8.00-8.50am
Wednesday	HI 5 Netball Club YR5/6	3.20-4.00pm
Thursday	Tri-Golf EYFS & KS1	3.20-4.20pm
Friday	Brass Club	3.20-4.15pm

fun activities

Jellybeans

Jellybeans sessions for under 4s

songs

10am to 11am

stories

in the school hall at
Eccleston St. Mary's CE Primary School

Every Thursday

Children must be
accompanied by an adult

£2
per family

Refreshments
will be
served

Please share this information
with other families in the village.

SMARTPHONE SAFETY TIPS

for young people

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You may have been lucky enough to have unwrapped a smartphone at Christmas, or you might be eagerly anticipating getting a new one at some point during this year. Whether it'll be your first ever phone or an upgrade on your old model, it's always useful to have a refresher about how to set it up and adjust the settings to keep yourself – and your valuable personal info – safe and secure. We've collected some expert tips to help you enjoy your smartphone in the healthiest way possible.

NEVER SHARE YOUR PASSCODE

Alongside face or fingerprint recognition, your passcode is crucial to unlocking your phone and accessing your apps and personal information. You shouldn't give it out, even to close friends – after all, you wouldn't hand them a key to your house and let them go in for a nosy around! If a friend wants to use your phone, ask them why and make sure you can see what they're doing with it.

RESPECT PARENTAL CONTROLS

If you're allowed to have a smartphone, it's because your parents or carers feel that you're mature and responsible enough to use it safely. They might set controls and boundaries on your device – not to spoil your fun but to help you avoid hazards like too much screen time or costly in-app purchases. Following these rules means you can enjoy using your phone while respecting their wishes.

TALK TO A TRUSTED ADULT

Whether it's to listen to music, play games, create content or chat with friends, using a smartphone should be fun. If you're ever feeling anxious, worried or scared about going on your phone, then something isn't right. It's important not to ignore these feelings; instead, talk to a trusted adult about what's happening and how it's making you feel.

STAY ALERT

Two words: look up. It might sound obvious, but it's so easy to get immersed in what we're looking at or listening to on our phones that we can become unaware of our surroundings – or who might be around us. People often walk with their head down, focusing on their phone, and forget to check for obstacles in their path, cars or other pedestrians coming towards them, which is clearly dangerous.

DEVELOP HEALTHY HABITS

Phones offer a vast amount of content and the chance to chat with friends whenever we feel like it, which can make it difficult to take time away from the screen. If that's something you struggle with, you could try setting time limits on certain apps. Putting our phones down for a while gives us more time to interact with others or do something physical that helps keep us fit and healthy.

IGNORE UNKNOWN NUMBERS

There are some scammers who might call or text asking you to share personal data or to click on a link and provide your details. Some may claim to be from a genuine company, but trustworthy businesses don't spontaneously call or message to ask for your information. It's safest to ignore calls or texts from unknown numbers, and never give your personal details out over the phone.

ONLY USE AGE-APPROPRIATE APPS

Before downloading a new app or game, check what age rating it has. Don't feel pressured into getting a particular game or app just because your friends are using it. If it's intended for older people, there's a definite risk that it could include content (which is violent or frightening, for instance) or language which isn't suitable and may leave you feeling upset or disturbed.

REMOVE TEMPTATION

A good night's sleep is so important for concentration, mood and overall health. Unwinding properly before going to bed – which means not staring at a screen late at night – can often improve sleep quality. Put your phone on charge overnight, but not in your room. This means you'll have a lot less temptation to check any notifications, reply to messages or get caught up scrolling on social media.

THINK ABOUT OTHERS

Watching videos, listening to music or calling someone can all help to pass the time while we're on the bus, waiting in a queue or walking down the street. It's important to remain mindful of other people, though: they might not want to hear your tunes or your conversation. Likewise, if you're calling from a public place then don't forget that anyone could overhear something personal about you.

SWITCH OFF GEOLOCATION

In your phone's settings, you'll be able to disable geolocation for individual apps and photos; this means that people online (including strangers) can't see information about where you are when you share or post a pic. On the subject of images, it's also important to ask permission before taking or sharing a photo of someone – and don't share embarrassing images of your friends with others.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



The National College



National Online Safety

#WakeUpWednesday

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